

E-NEWSLETTER

R.S.More College, Govindpur

APRIL-JUNE 2023



NEWSLETTER TEAM

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The Editorial Team would like to thank all faculty and staff members of R.S.More College for their valuable contributions in the form of reports and pictures for the publication of this newsletter.

Principal's message



“Education is the passport to the future, for tomorrow belongs to those who prepare for its today.” R.S. More college campus is always buzz with a plethora of activities and has become a dynamic venue where brilliant minds from all the streams converge and share their vast reserves of knowledge and skill.

I take this opportunity to thank all the stakeholders for showing interest and continuous support. I extend my best wishes to all students in their chosen career path and I am sure the college will scale up to greater heights in the years to come and serve many more in the society.

I appreciate the efforts put in by editorial board to bring out the Newsletter. I expect and wish all the students to improve further in achieving greater performance in their semesters to fulfil their dreams and expectations of their parents.

CAMPUS PLACEMENT DRIVE

05.04.23

Campus placement was organized by Reliance Jio Fiber Company at RS More Mahavidyalaya, Govindpur. A total of 70 students participated in the placement out of which 35 were initially selected by Jio Fiber. In which 10 students were initially selected for the post of Engineer, 15 for the post of Associate and 10 for the post of Sales Manager of Reliance Jio Fiber. On this occasion, the college principal Welcomed Rajeev Ranjan Sinha and Raghav Jha of Reliance Jio Fiber. Dr. Ajit Kumar Barnwal said on the occasion that in RS More College, efforts are made to hone the skills of the children by training them completely in terms of skills. This is the reason why the chances of the students of this college to be successful increases due to proficiency in skills.

Speaking on the occasion, Dr. Amit Prasad said that through the placement cell, we expose the students to different types of data interpretation, logic and data based analysis thereby increasing their chances of success.

On this occasion, Prof. Prakash Kumar Prasad said that Aptitude skill means the intellectual development of the students, which keeps the students familiar not only with academic knowledge but also with every activity happening around.



GPS Map Camera

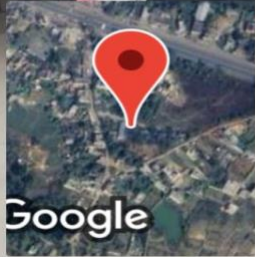
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PLACEMENT DRIVE

27.04.2023

Placement drive was organized by Freedom Employability Academy at Swami Vivekananda Mahavidyalaya auditorium in RS More Mahavidyalaya, Govindpur. 34 students took part in the placement drive. Soon the information will be sent to the selected students through email.

Inaugurating the placement drive, college professor in-charge Dr. Rajendra Pratap said that RS More College has been providing new opportunities to the students who have passed out from here and the students who are currently studying, to achieve success by giving them employment education. Thanks were also given to Vikas Prasad and Darshana Vishwakarma of Freedom Employability Academy.

Dr. Ajit Kumar Barnwal said on this occasion that we are fully committed to provide employment opportunities to the students studying in RS More College, Govindpur and such efforts will continue in future also.

College Principal Dr. Pravin Singh, Dr. Sanju Kumari, Dr. Ashok Kumar Singh, Dr. Ratna Kumar, Dr. Triveni Mahato, Prof. Tripurari Kumar, Prof. Satya Narayan Gorai, Prof. Vinod Ekka, Dr. Amit Prasad, are mainly involved in making this placement drive successful. Prof. Avinash Kumar, Prof. Tarun Kanti Khalkho, Prof. Snehlata Tirkey, Dr. Kusum Rani, Rakesh Thakur, Sujit Mandal, and Ratan Toppo had important contributions.



Seminar on "Contribution of Babasaheb Bhimrao Ambedkar in the making of modern India" 28.04.2023

A one-day seminar on "Contribution of Babasaheb Bhimrao Ambedkar in the making of modern India" was organized today in the college auditorium of RS More College, Govindpur under the joint aegis of the Department of History, Economics and Political Science of the college.

The chief speaker of the program was Mr. ID Paswan, Managing Director, Bihar State Mineral Development Corporation. The program was presided over by the college principal Dr. Praveen Singh. The program was started by lighting the lamp by Principal Dr. Praveen Singh and chief speaker Mr. ID Paswan.

In his welcome address, College Principal Dr. Praveen Singh said that . Bhimrao Ambedkar is one of the modern makers of India.

His thoughts and principles have always been relevant to Indian politics. Actually, he was an advocate of such a political system, in which the state gives equal political opportunities to all and does not discriminate on the basis of religion, caste, color and gender etc. This political philosophy of his emphasizes the mutual relationship between the individual and the society. He also said that Ambedkar's entire life was devoted to the reform of the Indian society.



Seminar on the occasion of World Labor Day 02.05.23

In the light of World Labor Day, a one-day seminar on "Indian Workers in Gig Economy: Problems and Challenges" was organized under the joint Collaboration of College Economics Department, Jharia Coalfield Management Association and College History Department at RS More College Govindpur today in the college auditorium. The keynote speaker of the program was retired Professor (Dr.) Pramod Pathak, IIT ISM Dhanbad.

The program was presided over by Dr. Pravin Singh, Principal of R.S More College. In his opening address, College Principal Dr. Pravin Singh said that Labor Day was celebrated for the first time in India under the leadership of Com.Singaravelu Chettiar, leader of Kisan Party of Hindustan.

Speaking on the occasion, Retired Professor (Dr) Pramod Pathak, IIT ISM Dhanbad said that gig economy is a free market system in which temporary positions are generally held and organizations contract with freelance workers or worker for short term engagement. He said that an estimated 56% of new jobs in India are being generated by gig economy companies in both the blue-collar and white-collar workforce.

Prof. Tripurari Kumar, Assistant Professor of Economics, said on the occasion that there is a need to provide mandatory coverage to gig workers under centrally sponsored schemes like Pradhan Mantri Jan Arogya Yojana, Pradhan Mantri Jeevan Jyoti Bima Yojana and Pradhan Mantri Suraksha Bima Yojana. Right physical and social

infrastructure there is a need to build a framework that will support women's participation in gig work.



Seminar on "The beauty of a balanced life"

08.05.2023

In RS More College, Govindpur, a seminar on "The beauty of restrained life" was organized in the college auditorium under the joint auspices of the Department of History and Political Science.

The chief speakers of the seminar were Mahant H.G. Sundar Govind Das and Achyut Gundham Das, head of ISKCON Dhanbad. The program was presided over by the college principal Dr. Praveen Singh. The program was started by lighting the lamp.

In his opening address, College Principal Dr. Praveen Singh said that the kind of running people have to face in the current lifestyle, often people have to face the problem of stress. One can get relief from stress by living a balanced life.

ISKCON's HG Sundar Govind Das said that life can be made beautiful by doing yoga with duty and action. Education and work are very important in life. He said that stress is an integral part of human life. If there is a limited amount of stress, it motivates us for development. But if the amount of stress is high and it remains for a long time, it becomes the father of many negative, physical and psychological effects.



Speech competition and seminar on "First War of Independence" 10.05.2023

A seminar and speech competition on the topic "First War of Independence" was organized by the College History Department at RS More College, Govindpur today. Principal Dr. Pravin Singh presided over the programme.

In his presidential address, Dr. Pravin Singh said that the Revolt of 1857 was the beginning of the Indian freedom struggle. It was the beginning of the end of colonialism. He said that the revolution of 1857 was the first freedom struggle for the independence of the country. Somewhere it is being taught in the name of military mutiny and somewhere it is being called mutiny. He said that colonialism may have ended but neo-colonialism has started knocking in economically developing countries. There is a need to be careful with this neo-colonialism as well.

The chief speaker of the program, Prof. Avinash Kumar, said that on 10th May, 1857, 85 soldiers of Meerut fought for freedom. Bahadur Shah Zafar was declared the emperor of Hindustan. He said that farmers also played an important role in this rebellion.

Satya Narayan Gorai said on the occasion that he said that 87 percent of the colonial army was Indians. Mangal Pandey refused to run cartridges containing cow and pig fat on 29 March 1857 and with this the flame of revolution against the British flared up.



Seminar on “Environmental Pollution in the Era of Globalization: Issues and Challenges”

15.05.23

A seminar on “Environmental Pollution in the Era of Globalization: Issues and Challenges” was organized under the joint aegis of the Department of Geography, Psychology and Chemistry at RS More College, Govindpur. The keynote speaker of the program was Dr. RK Tiwari, Scientist, Simfer. The program was presided over by the college principal Dr. Pravin Singh.

The program was started by lighting the lamp by the college principal and the chief speaker. In his welcome address and subject entry, College Principal Dr. Pravin Singh said that in the era of globalization, powerful countries have promoted environmental pollution by imposing their policies on developing countries.

Dr. RK Tiwari, scientist of Cimfer, the chief speaker cum chief guest, said that environmental pollution is a global problem, which can be tackled only at the global level, but efforts should be made at the local level as well. He said that uncontrolled mining is not good for the environment. He also said that the developed countries should honestly pay the price for their part in the global effort to prevent climate change and environmental pollution.

Assistant Professor of Geography Prof. Snehlata Tirkey said on the occasion that India has made a lot of efforts for environment protection. Today the world's largest solar power plant is established in India. Due

to which about 2245 MW electricity is being generated. India is moving fast in the direction of renewable energy resources. The stage operation of the program was done by Prof. Anju Kumari, teacher of the Department of Geography.



Seminar on "Stress and Depression in Youth: Issues and Challenges"

18.05.2023

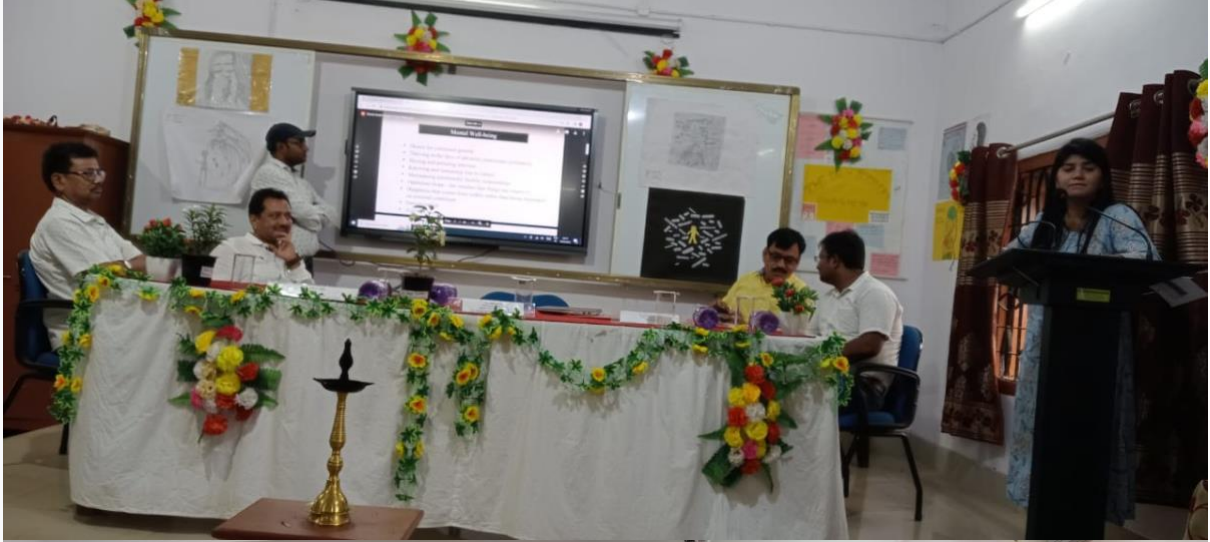
A one-day seminar on "Stress and Depression in Youth: Issues and Challenges" was organized by the Department of College Psychology at RS More College Govindpur in the college auditorium. The main speaker cum chief guest of the program was Dr. Shilpi Kumari, Head of Department of Neuropsychiatrist, PMCH.

The special guest of the program was Dr. Uttam Mukherjee, Chairperson, Child Welfare Committee. Along with this, Child Protection Officer Anand Kumar was also present in the program.

In his opening address and subject introduction, College Principal Dr. Pravin Singh said that there is a huge lack of infrastructure for solving mental problems in India and there are only 0.75 psychiatrists for every 1 lakh population, while there should be at least 3 of them. Attention should be paid in this direction.

Chief guest cum chief speaker of the program Dr. Shilpi Kumari said that the following conditions of mental health are to accept oneself and love oneself. Recognizing your own unique character aspects and moving through them. He said that the youth should have the desire for continuous development. The hobbies that blossom inside themselves should be given wings and fly in the free sky. One should always be optimistic. Dr. Uttam Mukherjee, Chairperson, Child Welfare Committee, Dhanbad, said on the occasion that Jharkhand is a life of

peace and relief. If the light of mental health is ignited from here, its flame will go far away.



शुभम संदेश
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आरएस मोर कॉलेज युवाओं में तनाव एवं अवसाद मुद्दे व चुनौतियां विषयक सेमिनार का हुआ आयोजन युवा देश की पूंजी, उसे यूं ही बर्बाद न होने दें : डॉ प्रवीण

संवाददाता । धनबाद

धनबाद के आरएस मोर कॉलेज गोविंदपुर में गुल्वार को मनोविज्ञान विभाग की ओर से युवाओं में तनाव एवं अवसाद मुद्दे व चुनौतियां विषयक सेमिनार का आयोजन किया गया। इस अवसर पर मानसिक स्वास्थ्य पर पोस्टर प्रतियोगिता भी आयोजित की गई। सेमिनार की मुख्य वक्ता सह मुख्य अतिथि पीएमसीएच की न्यूरो साइकियाट्रिस्ट की विभागाध्यक्ष डॉ शिल्पी कुमारी थीं। विशिष्ट अतिथि बाल कल्याण कमेटी के चेयरपर्सन डॉ उतम मुखर्जी व चाइल्ड प्रोटेक्शन अधिकारी आनंद कुमार भी मौजूद थे। सेमिनार में मुख्य अतिथि डॉ शिल्पी कुमारी ने कहा कि मानसिक स्वास्थ्य



की निम्न शर्त है स्वयं को स्वीकार कर खुद से प्यार करना। उन्होंने कहा कि युवाओं के अंदर निरंतर विकास की अभिलाषा होनी चाहिए, खुद के अंदर जो शौक प्रस्फुटित होते हैं, उन्हें पंख देकर उन्मुक्त आकाश में उड़ान भरना चाहिए, उन्होंने कहा कि एक परीक्षा, डिग्री, नौकरी या एक विफल प्रेम

मानव जीवन का निर्णय नहीं कर सकती। कॉलेज के प्राचार्य डॉ प्रवीण सिंह ने कहा कि भारत में मानसिक समस्याओं के निराकरण हेतु आधारभूत संरचना की बेहद कमी है और प्रत्येक 1 लाख की आबादी पर मात्र 0.75 मनोचिकित्सक हैं, जबकि उनकी न्यूनतम संख्या 3 होने चाहिए।

बच्चों को स्वस्थ रहने के लिए योग जरूरी

जमशेदपुर । नेताजी सुभाष विश्वविद्यालय में बच्चों के लिए दो दिवसीय योग ध्यान कार्यक्रम का आयोजन किया गया। शिविर विश्वविद्यालय के हॉल में हुआ। इसमें आईटी विभाग के बच्चों ने हिस्सा लेकर अपने मन को शांत करने के बारे में जाना। आज के व्यस्त और तनाव भरे जीवन में शारीरिक व मानसिक शांति प्राप्त करने के उद्देश्य से करवाए गए कार्यक्रम में विद्यार्थियों को अलग-अलग योग आसनों के बारे में भी जानकारी दी गई। कुल 200 विद्यार्थियों ने इस सत्र का हिस्सा बनते हुए योगासनों संबंधी

जानकारी प्राप्त करने के साथ ही अभ्यास कर इसका लाभ भूत किया। इस कार्यक्रम कोहार्टफुलनेस इंस्टीट्यूट द्वारा संचालित किया गया, कार्यक्रम में जोनल इंचार्ज और ट्रेनर एएसएल नारायण, कल्पेष्वा मेहता, योग गुरु रंजन गुप्ता, ट्रेनर स्वर्णिमा प्रसाद, ट्रेनर रूबी सिंह ट्रेनर मालिनी मेहता मौजूद थे। रंजन गुप्ता ने बच्चों को आसन-प्राणायाम का प्रशिक्षण दिया, जिसमें मुख्य रूप से ताड़ आसन, सांस लेने की प्रक्रिया, अनुलोम-विलोम, कपाल भाति एवं क्रॉस ब्राकिंग के महत्व तथा अभ्यास के बारे में बताया गया।



Plantation on the occasion of World Environment Day

05.06.2023

On the occasion of World Environment Day, saplings were planted in RS More College, Govindpur by College Principal Dr. Pravin Singh. Along with planting saplings, he also gave the message of environmental protection.

Addressing the teachers and non-teaching staff, he said that the amount of pollution in the environment is increasing. It is necessary that more and more trees should be planted. He said that it is not only to preserve the environment but also to spend time with the environment.

On this occasion, he planted plants like mango, jamun, banana, udhul etc. He said that our responsibility does not end just by planting saplings. It is also our aim and responsibility to save it.



Workshop on Acupressure and healthy living

12.06.23

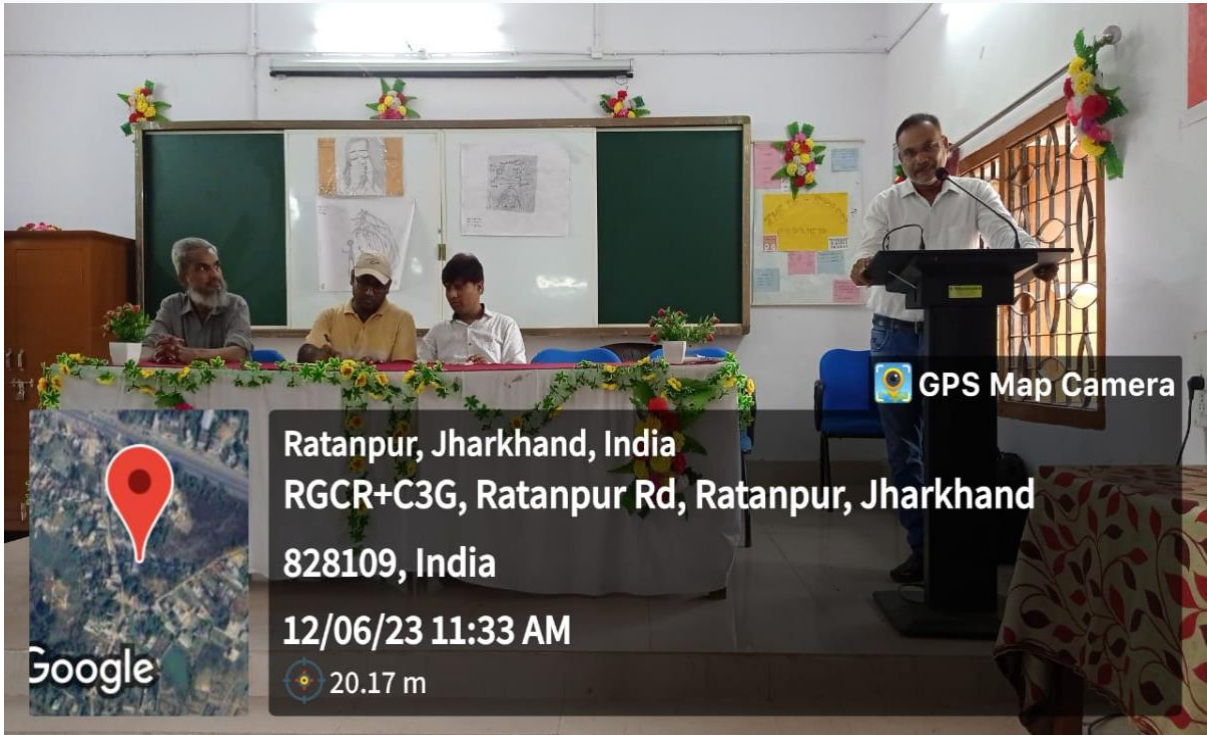
A workshop on acupressure and healthy living was organized at RS More College, Govindpur today in the college auditorium. The chief speaker of the workshop was Sanjay Dolai, trainer of Safal Indian Organization, Kolkata.

Addressing the program, he said that Acupressure and Healthy Life Acupressure is one of the oldest medical methods. It is completely based on natural remedies. This is a simple, effective and safe medical method. The reflex centers of most of the important organs of the body are found in the palms and soles.

Acupressure is a technique for sending signals to awaken the body's ability to heal and organize itself. Just as prana (life force) is given great importance in yoga, in the same way life energy is considered most important in this traditional treatment of acupressure. The flow of this life energy inside our body is through certain channels.

Any blockage or imbalance in this natural flow of energy is what causes disease or pain. By correcting this blockage or imbalance through acupressure, the flow of life energy is improved and the body becomes healthy again.

The stage operation in the program was done by Prof. Tripurari Kumar, Assistant Professor, Department of Economics. The vote of thanks was done by Dr. Amit Prasad, Assistant Professor, Department of College Commerce.



Seminar on “Global Warming and Climate Change: Problems and Challenges

16.06.23

On 16/06/2023, a seminar on "Global Heat and Climate Change: Challenges and Opportunities" was organized at RS More College, Govindpur, under the Amrit Mahotsav series of Azadi Ka National Service Scheme, College Geography Department and College Chemistry Department jointly. Under the aegis of Swami Vivekananda Auditorium.

The program was started by lighting the lamp by College Principal Dr. Pravin Singh, Cimfer's chief scientist Dr. Bhanu Pandey, Dr. Sudarshan Rathore and Bharatiya Janata Party Mahila Morcha Dhanbad Rural Women General Secretary Neetu Shankar.

In his opening address, College Principal Dr. Praveen Singh said that there are two types of ideologies on climate change. One school of thought completely rejects the concept of climate change, while the other school of thought, recognizing the problem of climate change, emphasizes the measures to solve it.

On this occasion, Chief Guest of the program, Dr. Bhanu Pandey, Senior Scientist of Simfer Dhanbad, said that it is very important to know about global warming in today's time. He said that the average temperature of the earth has increased by about 1 degree Celsius in the last few years. And green house gases are responsible for this. Natural green house gas is essential for life on earth.



Lecture and Yoga training program on International Yoga Day 21.06.2023

A lecture and yoga training program was organized under the joint auspices of Mahavidyalaya National Service Scheme, Mahavidyalaya Yoga and Meditation Department and The Art of Living Dhanbad Chapter in RS More Mahavidyalaya, Govindpur. The Chief Guest of the program was Mayank Singh, Senior Faculty of The Art of Living Dhanbad Chapter.

Yoga instructor Juhi Mahato and Soni Kumari were also present with them as guests. The program was started by lighting the lamp by college professor in-charge Dr. Rajendra Pratap, Dr. Ashok Kumar Singh, Dr. Ratna Kumar and Mayank Singh.

After honoring the guests with shawls and saplings, Dr. Ashok Kumar Singh, Assistant Professor, Department of College English, in his welcome address said that Yoga connects the body and mind. Needed Yoga, he said, is not just a physical exercise that originated in ancient India, but a holistic practice.

With its help, we can lead the mind and soul towards peace. Yoga provides a path to inner peace and personal growth.

Mayank Singh of The Art of Living Dhanbad Chapter said on the occasion that Yoga transcends cultural and religious boundaries. It promotes inclusivity, acceptance and mutual respect. He said that Yoga has many far-reaching benefits.



